**Violence-Free Contract**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, agree to abide by the following rules for school

behavior (check all that apply):

I promise not to harm myself or others.

I promise not to bring a weapon on school property.

I promise not to use alcohol or other harmful drugs.

I promise to express my anger in ways that will not be harmful to myself/others.

I promise to seek out the assistance of an adult when a conflict starts with a peer.

I promise that I will actively participate in any counseling activities that are made

available to me by the school or my parents.

I promise to attend all scheduled monitoring meetings with\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I promise to\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**If I am having thoughts of harming myself or others, I will do the following until I**

**receive help:**

At school, I will go to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and notify them of my feelings.

Get assistance from an adult, such as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_or

(Names and Phone Numbers) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tell my parents/guardian how I am feeling.

**If I do not comply with these rules, I understand the following consequences occur:**

1.

2.

3.

**I understand the contract that I am signing and agree to abide by it.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Personnel Signature Date