



Flu season is fast approaching. Are you and your children ready?

The Center for Disease Control and Prevention recommends **everyone be vaccinated every flu season (unless medically determined inadvisable).**

CDC guidelines for influenza (flu) vaccinations and encourages all staff, students and their families to receive an age appropriate flu vaccination.

Many of your local pharmacies will provide “free” or “insurance covered” flu vaccine through **walk-in clinics (no appointment necessary).**

If you have insurance (including Medicaid, FAMIS, etc.), you should take your card with you for the walk-in.

Below is a list of a few local pharmacies that **provide walk-in flu shot services:**

CVS Pharmacy:

- * Chase City 434-372-4175 ages 9 and up
- * Clarksville 434-374-8728 ages 9 and up
- * South Hill 434-447-3117 ages 9 and up

Walmart Pharmacy South Hill 434-447-2578 ages 8 and up

Or you can **check with a local pharmacy of your choice** to see what they provide.

Flu shots are, **also, available through:**

Your personal health care provider (call for appointments)

Southside Health Department Boydton, VA has flu shots available on

Mondays (8:30 a.m.-11:00 and 1:00 p.m-3:00 p.m.)

Please **call ahead** and let them know you are coming for a flu shot: **434-738-6545**

It's not too early to protect yourself and your family...

GET YOUR FLU SHOT TODAY!