

# OCTOBER 2022 Elementary Lunch Menu

LUNCH



**School Information:** Adult Meals - \$4.00  
Menu subject to change based on availability



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



## MONDAY

Cheeseburger on Bun  
Baked Beans Mixed Vegetable  
Fruit Cup  
Anytimers –Cheese & Pepperoni **3**

## TUESDAY

Chicken n' Waffles  
Sweet Potato Gems  
Green Beans Fruit Cup  
Anytimers – Ham & Cheese **4**

## WEDNESDAY

BBQ Riblet on Bun  
Mac N' Cheese  
California Blend  
Anytimers-  
Cheese/Pepperoni **5**

## THURSDAY

Taco Nacho  
Seasoned Corn  
Fruit Cup  
Anytimers – Cheese & Pepperoni **6**

## FRIDAY

Corn Dog Nuggets  
Potato Nuggets -  
Fresh Carrots  
Fruit Cup  
Anytimers – Student Choice **7**

**Virtual Day** **10**

**National Lunch Week**

Chicken Patty on Bun  
Green Peas  
Fruit Cup –  
Anytimers – Cheese & Pepperoni **11**

Pizza  
Broccoli – Fresh Carrots  
Fruit Cup  
Anytimers – Ham & Cheese **12**

Spaghetti w/Meat Sauce  
Toss Salad Fruit Cup  
Garlic Bread Stick  
Anytimers – Ham & Cheese **13**

Hot Dog on WG Bun  
French Fries – Fresh Carrots  
Fruit Cup  
Anytimers –Student Choice **14**

Cheeseburger on Bun  
Baked Beans Mixed Vegetable  
Fruit Cup  
Anytimers –Cheese & Pepperoni **17**

Chicken n' Waffles  
Sweet Potato Gems  
Green Beans  
Fruit Cup  
Anytimers – Ham & Cheese **18**

BBQ Riblet on Bun  
Mac N' Cheese  
California Blend  
Anytimers-  
Cheese/Pepperoni **19**

Taco Nacho  
Seasoned Corn  
Fruit Cup  
Anytimers – Cheese & Pepperoni **20**

Corn Dog Nuggets  
Potato Nuggets -  
Fresh Carrots  
Fruit Cup  
Anytimers – Student Choice **21**

Chicken Patty on Bun  
Green Peas  
Fruit Cup –  
Anytimers – Cheese & Pepperoni **24**

Pizza  
Broccoli – Fresh Carrots  
Fruit Cup  
Anytimers – Ham & Cheese **25**

Chicken Tenders  
Green Beans – Fruit Cup  
WG- Roll  
Anytimers - Pepperoni **26**

Spaghetti w/Meat Sauce  
Broccoli Fruit Cup  
Garlic Bread Stick  
Anytimers – Ham & Cheese **27**

Hot Dog on WG Bun  
French Fries – Fresh Carrots  
Fruit Cup  
Anytimers –Student Choice **28**

Cheeseburger on Bun  
Baked Beans Mixed Vegetable  
Fruit Cup  
Anytimers –Cheese & Pepperoni **31**

**Anytimers available daily**  
**Fresh Fruit and Vegetables**  
**when available**



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**1% Milk and Chocolate Fat Free**