

SEPTEMBER 2023

Elementary Lunch Menu

LUNCH



School Information: Menu Subject to Change based on availability. USDA is an equal opportunity provider and employer
Adult Lunch \$4.50



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

Each Lunch Served with an option for Fresh or Cup Fruit

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Holiday Labor Day 4

Chicken Tenders 5
 Green Beans
 Hot Roll
 Anytimers - Milk

Pepperoni Pizza – 6
 Potato Tots
 Broccoli
 Anytimers - Milk

Anytimers available daily Milk 1% Plain and FF Chocolate

Holiday 1

Meatball Sub 11
 Seasoned Corn
 California Veggies
 Anytimers - Milk

Chicken Salad on 12
 Croissant or Crackers
 Broccoli
 Anytimers - Milk

Parent Teacher Conference Day No School 13

Spaghetti w/Bread 7
 Stick
 Mixed Vegetables
 Anytimers - Milk

Cheeseburger on WG 8
 Bun
 French Fries
 Mixed Greens
 Anytimers - Milk

Corn Dog Nuggets 18
 Mixed Greens
 Sweet Potato Nugget
 Anytimers - Milk

Chicken Patty / WG 19
 Bun
 French Fries – Green Peas
 Anytimers - Milk

Sausage/Egg/ 20
 Cheese Croissant
 Potato Round -
 Fresh Carrots
 Anytimers - Milk

Chicken w/Waffles 14
 Green Beans Baked
 Apples
 Anytimers - Milk

Hot Dog on W/G Bun 15
 - French Fries
 Baked Beans
 Anytimers - Milk

Cheeseburger on WG 25
 Bun French Fries
 Mixed Greens
 Anytimers - Milk

Cheese Pizza – 26
 Potato Tots
 Toss Salad
 Anytimers - Milk

Chicken Tenders 27
 Green Beans Fruit
 Hot Roll
 Anytimers - Milk

Taco Nacho w/Chips 21
 Fiesta Beans-Salsa Cup-
 Shred Lettuce
 Anytimers - Milk

Mozzarella Cheese 22
 Pizza Sticks w/Dipping
 Sauce
 Broccoli – Sweet Corn
 Anytimers - Milk

Spaghetti w/Bread 28
 Stick
 Mixed Vegetables
 Anytimers - Milk

Turkey & Cheese 29
 Croissant w/ Baked
 Chips Carrot Sticks
 Anytimers - Milk