



Local School Wellness Policy: Triennial Assessment Tool 2024

School Division:

Mecklenburg County Public Schools

Wellness Policy Contact Name and Email:

Robin Moore – rmoore@mcpsweb.org

Wellness Policy can be found at:

<https://www.mcps.org/foodservices/mcpswellness>

Triennial Assessment can be found at:

<https://www.mcps.org/foodservices/mcpswellness>

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

Please visit the [Virginia Department of Education, Office of School and Community Nutrition Programs \(VDOE-SCNP\) website](#) for all tools and resources to help you complete your Triennial Assessment.

When finalized, please forward this Triennial Assessment or a link to its location to Katy Harbin, Nutrition and Wellness Specialist, at Katy.Harbin@doe.virginia.gov.

Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The school superintendent, with the support from school and nursing director's shall implement and ensure compliance with the Local School Wellness Policy. They will be responsible for review and updates of the policy.
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The public will be notified on the division website.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All Mecklenburg County Public Schools participate in the National School Lunch Program (NCLP) and School Breakfast Program (SBP) and Summer Food Program.
Foods Sold Outside of School Meals Program	Sell only USDA's Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All foods and beverages sold outside of the school meal programs will meet the standards established in the USDA-FNS Nutrition Standards for All Foods Sold in Schools rule. (Smart Snacks)

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Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mecklenburg County Public Schools encourages all schools to follow the USDA-FNS Smart Snacks rule when having celebrations or classroom snacks provided by staff or family members.
Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All schools can only market food and beverages that meet the nutrition standards established by the USDA-FNS Smart Snack rule.
Nutrition Education	Include at least one evidence-based goal for nutrition education.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mecklenburg County Public Schools provides 150 minutes of physical activity during the school year. Our Senior Nutrition Educator Facilitator provides nutrition classes during the year to our schools and attends PTA meetings to provide nutritional information to the parents.
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mecklenburg County Public Schools will promote nutrition habits in the cafeteria and throughout the school environment. Each school has a school garden stand that provides fresh lettuce during the school year.

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Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All physical education classes in Mecklenburg County Public Schools are taught by licensed teachers endorsed to teach physical education.
Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mecklenburg County Public Schools provide health screenings of students by the school nurses for vision and hearing. The speech therapist screen for speech, voice and language. Teachers screen gross and fine motor skills using form provided by nursing yearly.
Triennial Assessment	Complete a Triennial Assessment and notify the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mecklenburg County Public Schools will evaluate compliance with Wellness Policy at least once every three years.
Public Update and Information	Specify how the public will be informed about content and implementation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The Wellness Policy and any updates can be found on the Mecklenburg County Public Schools Food Nutrition website.

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Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Schools are permitted to allow and not exceed 30 school-sponsored fundraisers per school during the school day to be exempt from the USDA-FNS Smart Snacks rule in accordance with Virginia Code 8VAC20-740
Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Any fundraisers that sells food or beverages, whether the items meet the USDA-FNS Smart Snacks rule or are exempt, may not be conducted during meal service times. This includes from 6:00 a.m. to the end of the breakfast period and from the beginning of first lunch period to the end of the last lunch period. The income from any food or beverage sold to students during these times shall accrue to the non-profit nutrition program account.
Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The school principal is the fundraiser designated for Mecklenburg County Public Schools. The principal approves, tracks, monitors to ensure compliance with the limit on exempt

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					school sponsored fundraiser. All tracking documents are kept on file in the main office of each school.

How does your policy compare to the model policy?

Overall District Policy Score

Total Comprehensiveness

Add the comprehensiveness scores for each of the six sections above and divide this number by 6. District Score 92

Total Strength

Add the strength scores for each of the six sections above and divide this number by 6. District Score 44

Note progress made towards wellness goals:

Since return from COVID- need to reassess our goals.